# **HIPAA Privacy Policy**

#### **Effective Date**

Effective Date: September 28, 2023

Last Reviewed: May 23, 2025

#### 1. What is HIPAA?

The Health Insurance Portability and Accountability Act (HIPAA) is a federal law that sets national standards to protect sensitive patient information. HIPAA includes rules for:

- Privacy: Protects the use and disclosure of your PHI.
- Security: Requires safeguards to protect electronic PHI (ePHI).
- Breach Notification: Requires us to notify you if your information is improperly accessed or disclosed.

For more information about HIPAA, visit the U.S. Department of Health & Human Services website.

## 2. How We May Use and Disclose Your PHI

We may use or disclose your health information without your written permission for:

- Treatment: Providing, coordinating, or managing your care.
- Payment: Billing services, insurance providers, or authorized collection agencies.
- Healthcare Operations: Internal administration, quality assessment, training.
- Legal Requirements and Public Health: If required by law, court order, or for health and safety reasons.
- Other Uses: Only with your written authorization, which can be revoked at any time.

#### 3. Your Rights Under HIPAA

You have the right to:

- Access and copy your PHI
- Request corrections to your PHI
- Request confidential communication
- Restrict disclosures
- Receive an accounting of disclosures
- Request a paper copy of this notice

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- File a complaint without fear of retaliation

## 4. Our Commitment to Data Security

We protect your PHI using:

- Administrative safeguards: Staff training and policies

- Technical safeguards: Encryption, firewalls, secure systems

- Physical safeguards: Locked offices, secure filing, limited access

# 5. Reproductive Health Privacy (2025 Update)

We comply with new HIPAA rules protecting reproductive health information. We will not share this information without your written authorization, unless required by federal law.

#### 6. Breach Notification

If your PHI is involved in a breach, we will notify you promptly and no later than 60 days after discovery. Youll be informed of what happened and what steps we are taking.

#### 7. Contact Information

Dr. Alberto Miranda, Psy.D.

**HIPAA Privacy Officer** 

Phone: (681) 214-0944

Email: alberto@albertomirandapsyd.com

Mail: 174 Lincoln Ave, Suite 61, Anaheim, CA 92805

You can also file a complaint with the U.S. Department of Health and Human Services.

#### 8. Policy Updates and Changes

We may revise this policy as our practices or laws change. Updates will be posted on our website and available in our office.

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# 9. Disclaimer

This notice is for informational purposes only and does not constitute legal or medical advice. We are legally obligated to protect your information and to follow the terms outlined herein.